# GESHAVIEW

## NEWSLETTER

ISSUE 4 -OCTOBER 2009

# Ready and waiting... at your convenience

At last after many months we have been able connect the new sewerage system.

Located away from the village near to the forest area the new and innovative non-chemical underground sewerage plant has broken new ground in Bulgaria for the use of a truly organic system.

The compact, biological 'live bacteria' system has a capacity to process the sewerage from over 500 people.

Connected to the village system at the lowest topological point this gravity controlled biological, non-chemical system will process the waste, then, before it is dispersed, all the water can then be passed through an ultraviolet filtration system and then back into the natural river water system.

Maybe it is a bit unusual to be proud of the sewer from your house... but in this instance I believe we have good reason to be.



David Hollands and Julian Georgiev enjoying the final checking of the biological 'live bacteria' installation. Inset picture: One of the main inspection chambers being installed deep underground.

# The first houses in the Geshaview village are furnished.



Deluxe style furniture at Geshaview.

Geshaview is proud to present to its guests and owners the first two completely furnished townhouses.

Mirra Hollands and Desislava Georgieva have created a remarkable and unique design to put the final touches to the whole Geshaview concept.

In the November issue we will publish a bigger article to bring you the feeling of the exceptional and cosy furniture, designed exclusively for the project.

## **Healthy hot tubs**

The introduction of Softub into Geshaview has met with a great response.

Although a luxury add-on from €4,500, this unique lifestyle product will enhance anyone's stay at the village.

Sized and styled to fit onto almost any size balcony the 3 sizes and 3 colours of Softub make it easy to choose.



Softubs are great fun for all the family, whatever the weather!

Your own personal hot spa water to relax in after a busy day at the village will be a bubbling success with all the family. Easy to maintain and at low cost the initial investment can be recouped in the first few years of operation.

For more information please go to: www.softub.bg

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# Culinary delights from the experts

We are pleased to be associated with the HRC Culinary Academy of Bulgaria, it is the first and only **English teaching Culinary institution** in the Balkans.

Here is an example of one of the many recipes you may experience in a Geshaview restaurant in the future.



### HRC CULINARY ACADEMY

The Academy offers a 21/2 year programme with two paid industry placements to all its students so as to gain the professional experience most culinary graduates don't have but also to help finance their studies.

Furthermore, after graduation students can obtain a double bachelors degree in Hospitality Management from the International University College in just 21/2 years - our taste buds await.



The HRC Culinary Academy of Bulgaria.

The quiche is an opened tart filled with a mixture of eggs, crème fraiche and whole diversity of ingredients. The name given to the mixture of eggs and cream is called migaine. Nowadays quiche tarts are made from a whole diversity of ingredients receiving them different names such as Lorraine (with bacon), Florentine (with spinach) or tourangelle (with rillettes).



### Serves 4 **Ingredients**

For the basic pie dough

Item Quantity Bread flour 250 grams Corn starch 50 grams Salt 5 grams Butter 160 grams Cold water 100 millilitres

### For the "migaine" filling

20 grams Eggs Cream 100 ml 100 ml

### For the garnish

Olive oil 20 ml

20 grams - finely minced Onion

Spinach 100 grams

- separate leaves and stems and coarsely chop Roasted pepper 80 grams - cut in strips

Shrimp 150 grams

- peeled, de-veined and cut in bite sizes Gouda cheese 100 grams - Grated

### Procedures

For the basic pie dough

Mix all dry ingredients, and then add the butter into the dry mixture to obtain a sandy consistency. Add the water and knead to incorporate all ingredients (do not overwork the dough). Cover with plastic wrap and rest for 30 minutes. Remove from refrigerator and extend a flat disc with the desired dimensions.

Store once again in the refrigerator.

### For the "migaine" filling

Mix the eggs with the milk and cream until perfectly incorporated.

Cool and store accordingly.

#### For the garnish

Sauté onion, once the onion is lightly coloured, add the spinach, the shrimps, and roasted peppers. Cool and store accordingly.

### For the Dish and how to plate

- · Line a tart mould.
- Place the flat disc of the pie dough on the mould and arrange it so it is all even.
- Place aluminium foil on top of the tart and blind bake for 15-20 minutes until light golden brown.
- Remove from oven and disregard the aluminium foil
- Allow to cool.
- Distribute evenly the garnish inside the tart.
- · Pour the migaine filling and bake once again until
- · Remove from oven, garnish with Gouda cheese and bake once again until the cheese is melted and golden brown coloured.
- Serve immediately

## **Curious Fact**

### Question: Approximately how many sunny days has Geshaview had this year?

Answer: According to local meteorologist Mrs. Stefanova Ivanichka (who has worked in the local weather station for many years), in the past 50 years Dryanovo is famous as the city with the most sunny days a year. The number of clear and cloudless days over Dryanovo (the nearest town to Geshaview) are



almost 300 in the year. Which means that for every 6 days of sun there is only one gloomy day.

The maximum measured temperature for the region of Dryanovo is 42°C, while the lowest -28°C.

Monthly average temperatures in Dryanovo for the first 8 months of 2009:

2.6° C January 3.7° C February 8.3° C March 13.4° C April 18.3° C May June 21.9° C 23.0° C July August 23.4° C

### A season of abundance in Geshaview

The Geshaview team is pleased with the first crop of grapes, walnuts and apples from the gardens in the village.



To pick and taste fresh fruit, that has ripened in front your eyes, creates that extraordinary close-to-nature sensation that so deeply underlies the entire Geshaview concept and philosophy.

# **Education in Geshaview**

Imagine a place that is quiet and safe, where you and the youngest members of your family can study in a unique and alternative way to master a musical instrument, learn a foreign language or improve your photographic, cookery or artistic skills

Learn basic skills for pleasure or take really serious courses and classes with certificates recognized in Europe.

### **Adventure Vacations**

The modern proactive generation requires the establishment of an entirely new strategy for rest and relaxation. Lying around the pool sipping cocktails is no longer exciting, the new dream vacation is for a completely unusual place to learn and practice new and



Kindergarten and nursery school for children.



Lessons in survival in the forest

exciting activities such as orienteering, fishing, crafts and nature adventures in groups sharing the same interests and with people of all ages.

### Acquisition of knowledge

Every guest at Geshaview will be able to participate in special classes or schools led by teachers and coaches to develop their personal potential in a new and alternative way while enjoying the exclusive nature of many new friends and most high-class services.

Today, even the elderly have a need and desire to learn and acquire knowledge and skills in pleasant and quiet surroundings.

Dance classes for all ages, outdoor yoga and aerobics sessions, lessons on surviving in the woods for children who have never been camping. Caving and paragliding for the lovers of extreme adventure... Geshaview is a place where you can find it all.



Wellbeing exercises in the fresh mountain air.

Nursery school, private school for the youngest, courses and open classes throughout the year - the Geshaview team is creating its own unique strategy for a new type of education facility in beautiful surroundings.



# Looking forward to summer 2010

As the fourth winter approaches on the village the plans for next summer are already underway.

With the expectation of the village completion and with a growing number of owners booking their holidays we are able for the first time to get the feeling of what Geshaview will really be like.

Although not in full swing, the village will have the beginnings of its services and facilities to enjoy.

It is anticipated that the landscaping, grass, flowers, pathways and roads will all be in position and with at least a few spring



A summer garden with a healthy hottub ready for relaxation.

months of growth there will be a feeling of tranquillity returning to the

village after the long, difficult building programme.

Tourism interest from the home, Bulgarian market has outweighed the interest from UK and foreign tour operators so far.

It is therefore my anticipation that the first summer will see more visiting Bulgarians than foreigners to the village. This will be a good start for the village as short term weekend and out of peak season visitors will enable the village to grow in many directions.

Please keep updated by visiting the website www.geshaview.eu for more about summer 2010.

### **People of Geshaview**

I would like to introduce you to an important member of the Geshaview team...

Petya Shandrova Petya Shandrova has been part of the Geshaview team since 2006 and is responsible for ensuring that the technical quality of every building in the village is finished to the highest of



It's all about the detail when one millimetre can make all the difference.

A true professional and a perfectionist, Petya is always ready to make sure that our extremely high and uncompromising requirements for quality and flawless appearance of every house in the Geshaview village is maintained.

## Natural landscaping tests begin



Initial landscaping test areas throughout the village.

September saw the initial tests for the all important landscaping of the village.

After 3 years of careful and deliberate protection of all of the ground, trees and fauna on the village site we have finally started to create the 'outdoor decoration' of the village.

We can't wait for next Spring when we will start to see the full colour of all the hard work by the landscaping team.



Garden lawn test area



Yana Dimitrova Yana Dimitrova

Thank you for taking a few moments to absorb some of this month's Geshaview news. I look forward to writing again next month.

### Topics for the November issue will include:



Pictures of the furnished



First test of the lighting at



The vision of one Geshaview property owner. Interview by David Hollands.



The autumn colours of

## For tours and visits to the village please contact: info@geshaview.eu • UK / EU: +44 (0)1202 201300







Multiple Award Winner

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